

Twelve Principles of Manifestation Checklist

Adapted from *Manifesting Your Dreams with EFT, SK and More* by Drs. Phillip & Jane Mountrose
www.gettingthru.org

Think of your manifestations in relation to _____, filling in the blank with the items on the following list.

STATEMENT	STRONG	WEAK
1. "... having a heartfelt, soulful desire. "	_____	_____
2. "... expectancy , recognizing your infinite potential."	_____	_____
3. "... honoring everyone concerned."	_____	_____
4. "... having gratitude for the blessings you have now."	_____	_____
5. "... love for others and for yourself."	_____	_____
6. "... trusting that everything is in perfect order."	_____	_____
7. "... being lighthearted , not taking things too seriously."	_____	_____
8. "... free flow of resources."	_____	_____
9. "... openness to new possibilities and clearing blockages."	_____	_____
10. "... transcending the limitations of our perceived reality."	_____	_____
11. "... commanding the power to create."	_____	_____
12. "... having the will to follow through."	_____	_____